

SHARE Virginia November previews

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SHARE (Self Help and Resource Exchange) is a nonprofit volunteer service and food distribution program that helps people at all income levels stretch their food dollars.

Each month, participants pay \$20 in cash or food stamps (EBT) and complete two hours of community service. They get a food package of fresh and frozen meats, produce, specialty items and staples that would cost \$40 at the grocery store. Anyone can participate. Call 540-633-2850 to get in touch with your local host group.

Get ready for the holidays with our Thanksgiving Package for \$24. It includes a 9 1/2 to 10 pound turkey, a French cheesecake at 2 1/2 pounds, cornbread stuffing mix, frozen green beans, white potatoes, sweet potatoes, three pounds of apples, five oranges and additional fruits and vegetables. Buy the turkey only for \$12 or the package without the turkey for \$12.

Feed family and guests with our Holiday Party Pack for \$18. This package contains 1 1/2 pound of grilled beef steak strips, one pound of chicken breast nuggets (two 8 oz. packs), 10 oz. package of cocktail franks, Italian-style meatballs (fully cooked), 1 1/2 pounds of sliced oven-roasted turkey breast.

We are also offering Spiral Hams for the holidays at \$24 each. Wrapped in gold foil and netted, this nine pound, number one grade Cook's honey-cured spiral ham will be a delicious addition to the dinner table.

For a no-fuss appetizer for entertaining, choose our Shrimp Cocktail Package. A retail-value of \$23 for only \$12. That's nearly half the price for three 10 oz. shrimp ring packages with cocktail sauce. The shrimp come peeled.

We are offering a Holiday Meat and Cheese Gift Box for \$18. This includes two 7 oz. beef summer sausages, one 12 oz. pork and beef summer sausage and three 8 oz. cheddar cheeses. These refrigerated items come enclosed in a white box with green fill.

Lastly, we are offering a special 3 Pound Steak Package for \$16. It includes six 8 oz. boneless Rib-eye steaks.

Order turn-in is Nov. 10. Distribution day is Nov. 22. Contact your local host group to place your order before order turn-in.